My chore chart

Tick a box each day you help at home. Blank rows are for your own jobs.

Name _____ Week of _____

My jobs	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Put my toys away							
Make my bed							
Clear my plate							
Feed the pet							
Put dirty clothes in the basket							
Help set the table							
Water a plant							
Help put groceries away							

My goal this week: when I tick _____ boxes, we will _____

Grown-ups: add one new job at a time, and praise the effort, not the result.

My chore chart

Tick a box each day you help at home. Blank rows are for your own jobs.

Name _____ Week of _____

My jobs	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Make my bed							
Set and clear the table							
Put my laundry away							
Wipe the table							
Sweep a floor							
Load or unload the dishwasher							
Help make dinner							
Pack my lunch							

My goal this week: when I tick _____ boxes, we will _____

Grown-ups: add one new job at a time, and praise the effort, not the result.

My chore chart

Tick a box each day you help at home. Blank rows are for your own jobs.

Name _____ Week of _____

My jobs	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Change my bedsheets							
Do my own laundry							
Vacuum a room							
Clean the kitchen after dinner							
Clean the bathroom sink							
Help cook a simple meal (with a grown-up)							
Walk the dog or care for a pet							
Help with yard work							

My goal this week: when I tick _____ boxes, we will _____

Grown-ups: add one new job at a time, and praise the effort, not the result.